

ICS Hot LUNCH MENU 4th to 8th Grade



FOUR SEASONS
food service management

Lunch Combos

Choice of one Entrée served with two sides and beverage

Small Combo \$8.50

small 8oz. drink of water, juice or milk.

Large Combo \$8.75

12oz. Can drink, capri sun or 16oz. water

A` la Carte Items

\$2.75

Fresh baked cookies

Ice cream

Hot soft pretzel

Bag Snacks \$2.50

Assorted beverages

\$1-\$2.75

Water, milk, juice,
Capri Sun, Snapple &
Gatorade

Pre Order

Available for

**Salads & Wraps,
Gluten Free &
Vegetarian options
@fस्पreorder.com
Order the day before
after 3 pm
until 8:30 am. day of

Gluten Free

Select Items

Available Daily in

	Mon	Tue	Wed	Thu	Fri
Week 1 10/2			No Service ! / 2 Day	Chicken fries Mac & cheese wedges Bacon, egg & cheese mixed vegetable & fruit	Pizza Pasta w / light pink sauce Mozzarella sticks Served w / fries salad
Week 2 10/6	Chicken tenders Hot dog Pasta w / Alfredo sauce Served w / orange wedges, broccoli	Chicken nuggets Grilled cheese Lo Mein Served w / vegetable stir fry apple slices	Chicken quesadillas Mac & cheese wedges Hamburger / cheeseburger Served w / fries Spanish rice	Crispy chicken burrito, Panini- Italian Popcorn Chicken Served w / tater tots, apple slices	Pizza Pasta w / light pink sauce Mozzarella sticks served w / salad curly fries
Week 3 10/13	Chicken Tenders Meatball sub Spaghetti marinara Served w / fries mixed vegetables	Chicken nuggets Pizza bites Sesame chicken served w / white rice orange wedges	Chicken fries, Macaroni & cheese Hot turkey with gravy, Served w / mashed potatoes steamed corn	Hamburger / cheeseburger Grilled chicken wrap Served w / smiley fries cucumber salad	Pizza Pasta w / light pink sauce Mozzarella sticks Served w / fries garden salad
Week 4 10/20	Corn dog nuggets Steak & cheese sub Fusilli pasta w / butter sauce Served w / tater tots, vegetable of the day	Chicken nuggets Jamaican beef patty Taco Tuesday (beef) Served w / steamed corn Spanish rice	Popcorn chicken Empanadas (beef) Panini- Turkey, bacon, & cheese Served w / green bean salad Fresh fruit	Crispy chicken sandwich Pizza Crunchers Pancakes with bacon Served w / breakfast potatoes, diced pears	Pizza Pasta w / light pink sauce Mozzarella sticks Served w / fries garden salad
Week 5 10/27	Chicken tenders Sausage and cheese sub Macaroni & cheese Served w / smiley fries broccoli	Chicken nuggets Grilled cheese Pizza bites Served w / tater tots, diced pears	Chicken quesadillas Mac & cheese wedges Chicken parm burrito Served w / corn, Spanish rice	Hamburger / cheeseburger Popcorn chicken Spaghetti marinara Served w / French fries Vegetable of the day	Pizza Pasta w / light pink sauce Mozzarella sticks served w / salad curly fries

Menu begins with your schools corresponding first day of the month.

*Please skip daily menu for school closings/ holidays & non- service days-
Refer to your school calendar*

For Dietary or Allergy Questions email us @fourseasonsfsm@aol.com

visit us @Fourseasonsfsm.com

Featuring

**Boar's Head
Brand
Deli Meats**